

Crabbes Creek Public School Newsletter

Friday 11th February 2022 Term 1 - Week 3



Welcome Kindergarten 2022



It has been such a joy to welcome our new stars of Crabbes Creek Public School. We are thrilled to introduce the kindergarten class of 2022. Welcome to Daisy, Ella Gabrielle, Layla and their families.

Swimming Carnival

A fantastic time was had by our year 3 to 6 students at the Small Schools Swimming Carnival. The day provides a wonderful experience for students as the focus is very clearly, challenge yourself and have a go whatever your swimming abilities, rather than winning and being the fastest.

As I watched our students throughout the day it provided me with a valuable lesson as an educator. Once the focus of winning or being the fastest was removed the fear of failure was greatly reduced. Humans have an innate aversion to the fear of failure and avoid challenge. Avoiding struggle and taking the easy way out is much more appealing and the fear of looking bad or failing can be so strong that it can be paralysing, even just at the though of it. This means that the motivation to avoid failure can be even greater than the motivation to succeed. This aspect of human psychology is associated with a fixed mindset.

Term 1

Frid 04.04 Kids in the Kitchen Mon 07.03 Clean up Aust. Day Mon 21.03 Harmony Day Frid 01.04 Ride2School Day Frid 08.04 Easter Fun Day & Last Day of Term 1.

Swimming Program

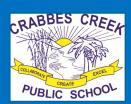
Monday 21 February
Tuesday 22 February
Thursday 24 February
Friday 25 February
Tuesday 1 March

Reminders
Swimmers, rash shirt,
towel, sunscreen,
googles.

Kindergarten 2022 Enrol Now

If you know of any families or children starting school in 2022 and are not yet enrolled please encourage them to contact the school and begin the process as soon as possible.

Places also available in all years.



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Only one person can win a race, only one person can be the fastest. This poses a daunting risk of failure. However, focusing on a personal challenge that is within reach is much more likely to lead to taking on that struggle. When the students shifted their focus to their own challenge, such as making it to the end of the pool or diving from the blocks, they achieved success and the motivation to accept the next challenge and the associated struggle. The children's smiling faces and joyful voices clearly demonstrated the positive emotions and sense of wellbeing associated with such an approach. Focusing on your next challenge, working through the struggle to achieve success and further motivation is associated with a growth mindset.

Learning presents struggles and so can be hindered through a fixed mindset that cause a cloud of anxiety and avoidance. These same struggles, when achievable, lead to success and motivation when approached through a growth mindset and lead to a sense of positive wellbeing and ability to achieve.

Here at Crabbes Creek Public school the staff recognise that each learner is different, will have individual needs and will benefit from realising their own challenges or goals. The staff's goals include working with students to pinpoint their individual and achievable challenges while working to promote a growth mindset. Motivated students with a positive sense of well-being is perfect inspiration to be part of the learning journey with the children of Crabbes Creek PS.

"In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work — brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishments."

Carol Dweck, Professor of Psychology Stanford University.

Welcome - Mrs. Eadsforth

This week Mrs. Eadsforth joined us in the new role of Assistant Principal Curriculum and Implementation. Mrs Eadsforth will be onsite each Thursday to work alongside Mr Belleville and staff in this new non-teaching role to deliver quality curriculum for our students and community.

Brev Belleville

Principal



Small Schools Swimming Carnival 2022

